

## Magic Carpet Ride

(This works best with a group of 12-18 people per sheet)

Materials: One double/full-sized bed sheet (a plastic tablecloth can be a good substitute)

Directions: Lay sheet flat on the floor or ground.

Ask everyone to stand on the sheet. Now, turn the "Magic Carpet" (old sheet) over without anyone touching the floor or the ground in any way. No one may lift anyone off the sheet at any time.

Processing questions:

Who had the ideas to overcome the challenge?

Who was the leader of the group?

How many different solutions might there be?

Reference: Sachs, B. & zumFelde, P. (1998) Magic carpet ride. Let me grow in peace-team challenge-asset building

. (p. 10). (Available from Lutheran Social Services, T793 State Route 66, Archbold, OH 43502)  
Icebreakers, Energizers & Team-building Activities